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winter snowy mountain

| ➤ 1. Check weather and avalanche information |
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| ☐ Are there any wind or snow advisories or warnings issued? |
| ☐ Is there a high risk of avalanche? |
| ☐ Do you have access to the latest weather forecast? |
| ≥ 2. Check the terrain and route |
| ☐ Are your skills and strength sufficient for the intended route? |
| Do you have a clear plan from start through finish of your intended |
| outing? |
| 3. Carry the right winter equipment |
| ☐ Do you have the three MUST - HAVE items |
| (beacon, probe and shovel)? |
| ☐ Do you have the equipment and food to survive during bad weather? |
| ☐ Do you have a mobile GPS and a communication device such as |
| a mobile phone (plus spare batteries) ? |
| 4. Submit a mountaineering plan |
| Travel in a group don't go alone. |
| ☐ Is your intended mountaineering plan feasible? |
| Have you submitted a mountaineering plan to the police or someone not |
| in your party? |
| > 5 Be willing to turn back |

- Are you prepared to turn around during bad weather or times of no visibility?
- Do you know how to act to save your life in the case of an emergency?

Hokkaido Prefectural Police