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**Climbing Plan (Climbing Report)**

　 Year: Month: Day:

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| There are many accidents in the mountains of Hokkaido, due to its severe natural conditions,  such as its changeable weather.  Such an accident would seriously trouble your family, friends and work place. Please submit  this climbing plan to one of the parties above and to the police.  ~ Is it safe to be climbing this mountain with your equipment, given the weather forecast? ~ |

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| **Name of the**  **representative** |  |
| **Address or place of stay** |  |
| **Phone number** |  |

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| **Contact person**  **in emergency** | **Name** |  |
| **Address** |  |
| **Phone Number** |  |

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| **Mountain** |  | | | | |
| **Activity** | **□ Climbing 　□ Skiing　□ Snowboarding □ Other（　　 　　　　）** | | | | |
| **Period** | **From** (**month)**  **(day) to (month) (day)** | | | | |
| **Name:** | | | **Sex:** | **Age** : | **Mobile phone number:** |
| **Nationality:** | | **Address or place of stay:** | | | |
| **Name:** | | | **Sex:** | **Age** : | **Mobile phone number:** |
| **Nationality:** | | **Address or place of stay:** | | | |
| **Name:** | | | **Sex:** | **Age** : | **Mobile phone number:** |
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| **Name:** | | | **Sex:** | **Age** : | **Mobile phone number:** |
| **Nationality:** | | **Address or place of stay:** | | | |

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| **Month/Day** | **Itinerary** |
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| **Equipment** | |
| **□ Tent (quantity):**  **□ Emergency Tent (quantity):**  **□ Rope (quantity):**  **□ Foods（For days）**  **□　Map**  **□　Compass** | **□　Other（two-way radio, fuel）**  **・**  **・**  **・**  **・**  **・** |

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| **【Sketch of the climbing plan（route, camp sites）】** |

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| **【Submit this to the parties below:】**  **・ Family member, friends or workplace**  **・ And nearest police station, police box or residential police box** |